



"I am chosen by God
and dearly loved."

(Colossians 3:12)



"I have worth and dignity
because I am created in
the image of God."

(Genesis 1:27)



"I am strong in the
Lord and in His
mighty power."

(Ephesians 6:10)



"I am loved by God
and He has a plan for
my life."

(Jeremiah 29:11)



"I am significant and
have a purpose."

(Jeremiah 29:11)



"I am not alone
because God is always
with me."

(Joshua 1:9)



"I am able to do all
things through Christ
which strengthens me."

(Philippians 4:13)



"I am loved by God
just as I am."

(1 John 4:16)

